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Edited by *Paolo Migone**

Issue no. 1, 2022, Volume 56

Paolo Migone, *Editorial* [full-text: www.francoangeli.it/rivista/getArticoloFree/70602/It]

Ezio Sanavio, *A Consensus Conference on psychological therapies for anxiety and depressive disorders*

Abstract. *A Consensus Conference on psychological therapies for anxiety and depression* concluded its work, in the interest of patients and their families, the universities system, continuing education agencies, National Health Service, researchers and Italian funding agencies. The committees of experts have reviewed the scientific literature and prepared a document that was submitted to a Jury, chaired by Silvio Garattini. These are some of the conclusions: (1) not all therapies should be considered first choice treatment, (2) some psychotherapies are cost-effective and more efficacious than medication, (3) these psychotherapies are recommended by the most authoritative international guidelines. Psychotherapies are underutilized in the National Health Service, and patients have to resort to the private market with an intolerable discrimination based on wealth. Methods of unproven efficacy are often used, and adequate information on recent scientific progress is lacking. There is a need for information, training, organizational and transparency interventions, with also deontological implications.

Documents:

Silvio Brusaferrò, *Introduction to the Final Document of the Consensus Conference* [full-text: www.francoangeli.it/rivista/getArticoloFree/70604/It]

Silvio Garattini, *Presentation of the Final Document of the "Consensus Conference"* [full-text: www.francoangeli.it/rivista/getArticoloFree/70605/It]

Angelo Barbato, Antonello D'Elia, Pierluigi Politi, Fabrizio Starace, Sarantis Thanopoulos, *A Manifesto for Mental Health* [full-text: www.francoangeli.it/rivista/getArticoloFree/70606/It]

CNSP, FIAP, SIPSIC, *A proposal for the implementation of interventions in mental health* [full-text: www.francoangeli.it/rivista/getArticoloFree/70607/It]

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Abstract. The COVID-19 pandemic has brought to light the serious difficulties of the mental health field due to the progressive cuts in staff and the suffering in the population and mental health professionals themselves. The three associations CNSP, FIAP and SIPSIC, that represent the majority of Italian psychotherapists of different orientations, ask for targeted interventions, including the following: compliance and updating of the Essential Levels of Care (LEA) in the public sector; increase in the number of psychotherapists; recognition of the need for psychotherapeutic interventions targeted to the different forms of distress and life cycle phases; conventions between the National Health Service and the Clinical centers of schools of psychotherapy linked to scientific associations.

Cesare Romano, *The autobiographical roots of Alfred Adler's Individual Psychology*

Abstract. Starting from the acknowledgment that a researcher's emotional life and personal history may affect his theoretical constructs, it is argued, according to some autobiographical memories of Alfred Adler, that his childhood illness affected the theoretical construction of his Individual Psychology: in particular, organ inferiority, will to power, and masculine protest. Such key aspects of his personal theory lead us to think that his childhood experiences largely molded his theorizing. It is also hypothesized that the rivalry with his eldest brother Sigmund shaped his rivalry towards Freud.

Comments on Cesare Romano's paper:

Giansecondo Mazzoli, *Alfred Adler and Individual Psychology between simplifications and complexity*

Abstract. This comment on Sergio Romano's (2022) article tries to integrate this paper that presents correctly, however in a partial way, the relationship between some aspects of Alfred Adler's biography and his psychological hypotheses that contributed to the construction of the theoretical edifice of his Individual Psychology. Despite its conciseness, this comment integrates what is not fully described in Romano's paper, and it is also an opportunity to have a more complete view of Alfred Adler's theory. The commonplace argument that has often circulated regarding Individual Psychology is briefly discussed: it is often said that Alfred Adler's Individual Psychology is a simple theory, easily described with the use of few key concepts. It is argued, instead, that it is a theory that opens up numerous perspectives for understanding the complexity of mental functioning which, in this commentary, is briefly described.

Giorgio Meneguz, *Is Adler's Individual Psychology nothing but self-mirroring?*

Abstract. In this brief comment on Romano's (2022) paper "The autobiographical roots of Alfred Adler's Individual Psychology", it is questioned whether it is methodologically correct to find in the narration of Alfred Adler's dramatic childhood experiences the only radical foundation of the construction of his theoretical system and of the conflict with Freud.

Erich Fromm, *Freud's concept of sexuality* (1957)

Abstract. A lecture given by Erich Fromm on May 28, 1957, at *The New School for Social Research* of New York is translated here in Italian for the first time. This lecture was the last in a series about the main concepts of Freud's psychoanalysis (most of these lectures were not recorded, while this one was recorded and transcribed). Fromm discusses the following topics: Freud's physiological concept of sexuality and the biological concept of sexuality suggested by Fromm; the role of masculinity and femininity; the Freudian concept of the libido; Fromm's theory of human nature, in which he conceptualizes various needs as described in his 1955 book *The Sane Society* (the need for relatedness, the need for rootedness, the need for a sense of identity, the need for transcendence, the need for a frame of orientation and an object of devotion); impacts for the understanding of patients; Freud's technique of free association; the relationship between the analyst and the patient; the importance of dreams; the present situation in psychoanalysis and its future.

Maria Gabriella Pediconi, Glauco Maria Genga, *The juridical conception of love: Giacomo B. Contri, a Freudian after Lacan*

Abstract. «From psychoanalysis to juridical thought» (Contri, 1994): this is the direction of the theoretical thinking of Giacomo B. Contri (1941-2022), a Freudian after Lacan, as shown in the articles and interviews published in the journal *Psicoterapia e Scienze Umane* [Psychotherapy and the Human Sciences] from 1989 to 2016, which we retrace here. Contri develops a revolutionary paradigm, with the twofold result of advancing the science of the unconscious inaugurated by Freud and correcting the errors of his master: «From Lacan I learned to be a Freudian» (Guerrieri & Contri, 1993, p. 103). If the unconscious is a third law after nature and nurture, since the thought elaborates the conditions of satisfaction from the very beginning by means of another person, the psychoanalyst treats the unconscious in crisis by means of the thought itself. The step taken by Contri in 2010 was decisive: noting that a School leaves the teacher/pupil model intact – mass psychology – he founded the *Società Amici del Pensiero “Sigmund Freud”* [Society of Friends of Thought “Sigmund Freud”], thus radicalizing the detachment from the Lacanian paradigm.

Pier Maria Furlan, *Introduction to the Italian edition of Otto F. Kernberg’s 1975 book “Borderline Conditions and Pathological Narcissism”* (1978)

Abstract. The Introduction to the Italian edition of Otto F. Kernberg’s book *Borderline Conditions and Pathological Narcissism* (New York: Aronson, 1975) – *Sindromi marginali e narcisismo patologico* (Turin: Boringhieri, 1978, pp. 9-21) – is reprinted. The theoretical and clinical innovations proposed by Kernberg regarding borderline personality disorder and pathological narcissism are discussed in light of some considerations on the developments of psychoanalytic theory. This Introduction is reprinted on the occasion of Pier Maria Furlan’s death, that occurred on January 20, 2022. Pier Maria Furlan was a member of the editorial board of the journal *Psicoterapia e Scienze Umane* from 1978 to 1991.

Traces

Are idiots still useful?

Pier Francesco Galli, *Introductory note*

Paul Parin, Goldy Parin-Matthèy, *Psychoanalysis and power* (1988)

Abstract. Some psychoanalytic considerations on power relationships are made. In particular, the following aspects are discussed: the frequent lack of awareness on power dynamics, the theoretical and practical obstacles to a psychoanalytic understanding of power relations, the differences between patients coming from high or low social classes within the psychoanalytic treatment, and the power dynamics that may occur between analyst and patient, with the influence also of psychoanalytic institutions. This paper was read as introduction to the Third Meeting of the “International Psychoanalytic Network” (*Internationale Psychoanalytische Vernetzung*) entitled “Are idiots still useful?”, held at the *Palazzo delle Stelline*, Milan, Italy, June 3-4, 1988.

Berthold Rothschild, *Introduction to the problem of idiots* (1988)

Abstract. The psychoanalysts, as intellectuals, unwittingly might have the role of “useful idiots”, i.e., in the sense of serving the interests of a given system of power or values which they apparently oppose, thus abandoning a critical conception of psychoanalysis. As is well known, the expression “useful idiots” is attributed to Stalin, who used it to define a certain type of intellectuals. The possible role of psychoanalysts as “useful idiots” is discussed in detail in its various declinations and implications, also in the light of the vicissitudes of the movement of leftist psychoanalysts. This paper was read at the Third Meeting of the “International Psychoanalytic Network” (*Internationale Psychoanalytische Vernetzung*) entitled “Are idiots still useful?”, held at the *Palazzo delle Stelline*, Milan, Italy, June 3-4, 1988.

Discussions

Francesco Giglio, *The unrepresentable navel of trauma* [no. 4/2021]

Abstract. Freud, even in the passage from trauma theory to the hypothesis of mere subjective interpretation of trauma, always maintained the idea of the traumatic origin of neuroses. Hence the importance of trauma, a concept that according to Howard Levine (2021) needs greater theoretical consistency and agreement with the psychoanalytic community. Such need, which is both clinical and theoretical, goes from a new attention to the symbolic register to the texture of language and to the painful words that gave birth to the subject. Beyond the sterile contrapositions between real trauma and fantasized trauma, or between body, affects and words, a trauma is characterized by its destructive effects on the symbolic register. The return of childhood trauma in the form of current events refers to the inadequate symbolic transformation of the traumatic event. Clinical work, wherever possible, must therefore focus on words, albeit full of affects, so that old traumatic events cease to repeat themselves and become definitively the past.

Clinical Cases

Comments on the case of Sandro [n. 4/2021]:

Maria Iole Colombini

Marta Angellini

Marigemma Rocco

Adriana Grotta

Book Reviews

Book Review Essay

Simon Baron-Cohen, *I geni della creatività. Come l'autismo guida l'invenzione umana*. Milan: Raffaello Cortina, 2021 (original edition: *The Pattern Seekers: How Autism Drives Human Invention*. New York: Basic Books, 2020) (Daniela De Robertis)

Book Reviews

Paola Scalari, *L'ascolto del paziente. Uno sguardo interiore*. [Listening to the Patient. An Inner Look] Molfetta (Bari): La Meridiana, 2021 (First Edition: 2018) (Luca Dominianni)

Maria Cristina Calle & Roberta Vitali (editors), *Ascoltare figli e genitori nello spazio della giustizia*. [Listening to Children and Parents for the Court] Sesto San Giovanni (Milan): Mimesis, 2021 (Paola Morra)

Rita Corsa, *Vanda Shrenger Weiss. La prima psicoanalista italiana. La psicoanalisi a Roma in epoca fascista*. [Vanda Shrenger Weiss. The First Woman Psychoanalyst. Psychoanalysis in Rome during Fascism] Preface by Marina Breccia. Rome: Alpes, 2017 (Andrea Castiello d'Antonio)

Ferhat Atik, *A Psychoanalyst on His Own Couch: A Biography of Vamik Volkan and His Psychoanalytic and Psychopolitical Concepts*. Bicester, UK: Phoenix, 2019 (Andrea Castiello d'Antonio)

Deb Dana, *Esercizi polivagali per la sicurezza e la connessione*. Rome: Fioriti, 2021 (original edition: *Polyvagal Exercises for Safety and Connection*. New York: Norton, 2020) (Francesca Tondi)

Philip Keddy, Rita Signer, Philip Erdberg & Arianna Schneider-Stocking (editors), *Hermann Rorschach's Psychodiagnostics*. Göttingen: Hogrefe, 2021 (Andrea Castiello d'Antonio)

Books Received

Journals [full-text: www.francoangeli.it/rivista/getArticoloFree/70623/It]

The International Journal of Psychoanalysis (IJP), 2021, Volume 102, nos. 1, 2, 3, 4, 5, 6 (Giulio Fabri Poncemi & Francesca Tondi)

Giulio Fabri Poncemi & Francesca Tondi, *Comment on the IJP*

British Journal of Psychotherapy, 2021, Volume 37, no. 4 (Paolo Migone)

International Journal of Applied Psychoanalytic Studies, 2021, Volume 18, no. 2 (Paolo Migone)

Ricerca Psicoanalitica, 2021, Volume 32, no. 3 (Paolo Migone)

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Information for subscribers and readers

Henri Collomb, *Traditional non-verbal psychotherapies in Africa* (1970)

Abstract. The report presented by Henri Collomb (1913-1979) at a conference in Istanbul in 1970 and published in 1972 is translated here into Italian for the first time. The French psychiatrist describes the significance attributed to mental health suffering among the Wolof and Lébou of Senegal, the society's behaviors toward the suffering individual, and the structure of the native therapeutic institutions. Henri Collomb also exposes the traditional healing methods and techniques. Lastly, the article discusses the integration, articulation, and possible conflict between Western psychotherapy and so-called traditional therapeutics, inviting the clinician working in *other* contexts to place himself in a position of listening and deciphering of local nosological representations and healing practices.

Salvatore Inglese, Yassin Dia, *Henri Collomb: Cultural psychiatry and its double*

Abstract. This article retraces Henri Collomb's (1913-1979) experience from 1959 to 1978 at the *Centre Hospitalier National Universitaire (CHNU) de Fann*, located in Dakar, and provides a historical framework to one of the most significant texts produced by this French psychiatrist, "Psychothérapies non verbales traditionnelles en Afrique", presented at a conference in Istanbul in 1970 and published in French in 1972, translated into Italian for the first time in the following pages of this journal. In particular, the following topics are explored: the methodologies adopted by the hospital team (multidisciplinary and multilingual), the reconfigurative needs of the hospital space, and the introduction of new clinical tools and methods (presence of a family members or accompanying persons, *pinth*, psychiatric villages), nosological representations and traditional healing techniques, including, in particular, the therapeutic ritual of the *N'döp*.

Maria Ilena Marozza, *Epistemological contaminations. Ernesto de Martino and the development of a complex psychological thought*

Abstract. The difficult pursuit of a comparison between anthropology and psychology, undertaken by Ernesto de Martino, raised many perplexities in the Italian cultural landscape of the 1960s. In this paper, first the obstacles he encountered during his research project on cultural apocalypses and end-of-the-world delusions are discussed. Subsequently, the new cultural setting of the 1980s, witnessing the emergence of new paradigms of thought favourable to rethinking the relationship between the individual psyche and the cultural sphere, is described. In this perspective, de Martino's pioneering thought, aimed at understanding how the human presence is intrinsically linked to cultural institutions, paved the way to the development of a complex psychology. The specific contribution of de Martino was to usher, with no prejudice whatsoever, and actually with stringent rigor and in-depth intuition, in an area in which methods of investigation and different types of knowledge about human existence are often undefined, contaminated, and undifferentiated. This is an area that today we can better approach through the various complexity theories, but at that time it was pioneered in Italy by de Martino. This led him to develop an unconventional and original intellectual trajectory, totally unlinked to the prevailing culture, a trajectory that in fact some authors have compared to that of Michel Foucault.

Helmut Thomä, *Lived experience and insight in the genealogy of psychoanalytic techniques: The "new beginning" as a synthesis in the "here and now"* (1983). With an introductory note by Giorgio Meneguz

Abstract. Sándor Ferenczi suggested that the patient's lived experience in the relationship with the analyst was the main therapeutic factor. This idea was followed by Michael Balint who added the concept of "new beginning", which is therapeutically effective due to the psychoanalyst's contribution in the "here and now" and not to the patient's regression. After having discussed the relationship between the concept of "new beginning" and the psychoanalytic techniques of the 1930s, unhappily polarized between lived experience and deep understanding (insight), it is suggested a solution to the controversy by restoring the use of a plurality of therapeutic techniques.

Traces

Paul Parin, *Lies in times of peace. Attempt of a psychoanalytic and ethnological critique of “human rights”* (1997)

Abstract. After some general considerations on the topic of human rights, an analysis of the problems highlighted by two disciplines, psychoanalysis and ethnology, is attempted. The psychoanalytic viewpoint helps to understand what are the psychological aspects that favor the respect or the violation of human rights; the ethnological viewpoint, instead, by comparing different cultures allows us to answer questions regarding the diversity of human rights in various social structures, their validity across different countries, and the eventual imposition or conditioning, also through the use of force, of rights other than those of a given culture. Discussing with Muhidin Šarić (author of the 1993 book *Keraterm. Erinnerungen aus einem serbischen Lager* [Keraterm. Memories from a Serbian concentration camp]. Preface by Paul Parin. Klagenfurt: Drava Verlag, 1994), Paul Parin tries to give an explanation of facts that are still unclear.

Discussions

The students of the fourth year of the Adlerian School of Psychotherapy of Brescia, *Adler on the Procrustean analytical couch. On Cesare Romano’s paper “The autobiographical roots of Alfred Adler’s Individual Psychology”* [n. 1/2022]

Abstract. The biography of a person allows us to reconstruct his lifestyle, his personality, and this finds correspondence in his thought. The early recollections which, according to Adler, can provide valuable clues like projective tests and dreams cannot be considered a biography and, especially if taken from multiple sources, must be carefully screened and verified. If you don’t do it, the Individual Psychology is banalized and discredited. Similarly, the important assessment of the position in the family constellation cannot be simplistically transferred to the fruitful contrast of ideas between Freud and Adler, especially now that there is documentary evidence of their debate and the schism of the psychoanalytic movement.

Clinical Cases

Maria Grazia Sara Sicilia, *The case of Melody*

Comments on the case of Melody:

Inge-Martine Pretorius

Annalisa Chiesi

Book Reviews

Peter-André Alt, *Sigmund Freud. Il medico dell’inconscio. Una biografia*. Preface by Silvia Vegetti Finzi. Milan: Hoepli, 2022 (original edition: *Sigmund Freud: Der Arzt der Moderne. Eine Biographie*. München: C.H. Beck, 2016) (Michele Lualdi)

American Psychiatric Association, *Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition, Text Revision* (DSM-5-TR). Washington, D.C.: APA, 2022; American Psychiatric Association, *Desk Reference to the Diagnostic Criteria from DSM-5-TR*. Washington, D.C.: APA, 2022; American Psychiatric Association, *DSM-5-TR Classification* (spiral bound). Washington, D.C.: APA, 2022 (Paolo Migone)

Lorenzo Giusti, *La “Bad Company”. Riflessioni psicodinamiche*. [The “Bad Company”. Psychodynamic Reflections] With a DVD. Pineto (Teramo): Epigraphia, 2022 (Antonella Mancini)

Marie Langer, *Frammenti di un’autobiografia. La neutralità impossibile dello psicoanalista*. [Fragments of an Autobiography. The Impossible Neutrality of a Psychoanalyst] Edited by Maria Elena Petrilli. Molfetta (Bari): La Meridiana, 2021 (original edition: in: Marie Langer, Jaime Del Palacio & Enrique Guinsberg, *Memoria, historia y dialogo psicoanalitico*. Mexico City: Folios Ediciones, 1981) (Silvia Marchesini)

J. Christopher Muran & Catherine F. Eubanks, *Il terapeuta sotto pressione. Riparare le rotture dell'alleanza terapeutica*. Prefazione all'edizione italiana di Giancarlo Dimaggio. Milano: Raffaello Cortina, 2021 (original edition: *Therapist Performance under Pressure. Negotiating Emotion, Difference, and Rupture*. Washington, D.C.: American Psychological Association, 2020) (Andrea Castiello d'Antonio)

Davide Tarizzo, *Political Grammars. The Unconscious Foundation of Modern Democracy*. Stanford, CA: Stanford University Press, 2021 (Dario Alparone)

Books Received

Journals [full-text: www.francoangeli.it/rivista/getArticoloFree/72172/It]

Journal of the American Psychoanalytic Association, 2021, Volume 69, nos. 1, 2, 3, 4, 5, 6 (Jutta Beltz & Paola Raja)

Jutta Beltz & Paola Raja, *Comment on The Journal of the American Psychoanalytic Association The Psychoanalytic Quarterly*, 2021, Volume 90, nos. 1, 2, 3, 4 (Andrea Castiello d'Antonio)

Andrea Castiello d'Antonio, *Comment on The Psychoanalytic Quarterly*

Attachment: New Directions in Psychotherapy and Relational Psychoanalysis, 2021, Volume 15, no. 2; 2022, Volume 16, no. 1 (Paolo Migone)

Journal of Infant, Child, and Adolescent Psychotherapy, 2022, Volume 21, no. 1 (Paolo Migone)

Behaviour Research and Therapy, 2022, Year 60, Volume 152 (Paolo Migone)

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Issue no. 3, 2022, Volume 56

Mark Solms, *Revision of drive theory*

Abstract. A deep revisions of Freud's drive theory is proposed. The main revisions are as follows:

(1) Drives are conscious and are in fact the source of all consciousness. (2) Drive energy is equated with variational free energy and is therefore quantifiable in principle. (3) There are not two drives but many, seven of which may be described as “emotional” as opposed to “bodily” drives. (4) All drives are self-preservative or preservative of the species; there is no death drive at work in the mind. This means, at the mechanistic level, that all drives are homeostatic and anti-entropic. (5) The great task of mental development is to supplement instinctual predictions about how our multiple drive demands may be met and reconciled with each other. This work is done by learning from experience, mainly through voluntary behaviour, which is governed by conscious feelings.

Interventions:

Andrea Clarici, *Revisiting the concept of drive from affective neuroscience (Panksepp) to neuropsychoanalysis (Solms): A comment on Mark Solms' paper*

Abstract. Mark Solms' revision of the concept of drive represents the latest in a series of his in-depth reviews of the most fundamental Freudian concepts. The movement of neuropsychoanalysis begun in 2000 with the first Congress focused precisely on a neuroscientific definition of affects and emotions. In 2013, Solms proposed a substantial and profound modification of Freud's structural model, motivating his theses which argue that the instinctual *id* can only be conscious. In the current paper, Solms (2021a) reaffirms and re-evaluates the centrality of drive theory in psychoanalysis and neuroscience as a starting point for understanding conscious and unconscious phenomena, in normality as well in pathology.

Otto F. Kernberg, *A note on Mark Solms's paper*

Abstract. In the paper “Revision of drive theory” (*Psicoterapia e Scienze Umane*, 2022, 56, 3: 363-422) Mark Solms (2021a) correctly argues that the basic motivational forces are affect systems, activated following the general homeostatic principles that govern biological processes that assure survival and reproduction. However, psychoanalytic object relation theory points to a specifically human, supraordinate integrative motivational system that condenses component affect systems into the affiliative and counteraffiliative motivations described by Freud with the concepts of libido and aggression. They are not “drives” in the psychobiological sense, but profoundly define unconscious intrapsychic conflict and are relevant in clinical psychoanalysis.

Andrea Angelozzi, *Folk psychiatry. Psychiatry between a scientific and a popular image*

Abstract. Scientific research in psychiatry is creating a gap in the notions of psychiatry that ordinary people actually possess, similar to the progressive distance between scientific psychology and folk and commonsense psychology. The notions that scientific and folk psychiatry share, and those in which they often differ with counterintuitive aspects, are investigated. After outlining the essential features of the concept of common sense and popular psychology and their most representative theories, the central role that popular concepts play not only in psychiatric theory, in particular in diagnosis, but also in daily practice is underlined. These concepts also involve the image of oneself, of the world and interpersonal relationships, showing the impossibility of a psychiatry that aims to do without the common sense, and the need for a careful mediation with popular psychiatry. This aspect is even more important in practical psychiatry which in many ways is similar to popular psychiatry.

Georg Groddeck, *Speech at the end of the social dinner of the 9th International Psychoanalytic Congress (Bad Homburg, 1925)*. With an introductory note by Michele Lualdi

Abstract. The psychoanalyst and pioneer of psychosomatics Georg Groddeck (1866-1934) gave talks in three international psychoanalytic congresses, the last one in Bad Homburg in 1925. Here he gave not only a paper but also a speech at the end of the social dinner which brings together all the participants of the congress. And he did not miss the opportunity to return, with his typical wit and impetuosity, to the thorny question of wild analysis and psychoanalytic training, two sides of a coin that was very dear to him. The text of this speech, published here for the first time in Italian, gives us the opportunity to enter, through the eyes of one of the direct participants, into the life of events that helped to orient and shape the training system of psychoanalysis that later evolved to the present day.

Traces

Pier Francesco Galli, *The logic of interpretation in psychotherapy* (1964). With an introduction by Pier Francesco Galli

Abstract. After an introduction to this 1964 talk, some considerations on the logic of interpretation in psychoanalysis and in clinical work are made. Among other things, the role of intuition and the ability of making predictions in terms of probability are discussed, as well as the relationship between clinical and empirical research. (This paper is the transcription of the audio-recording of a talk given at the Fourth training course of the “Milan Group for the Advancement of Psychotherapy” – which since the 1970s took the name of *Psicoterapia e Scienze Umane* – entitled “Theoretical problems and clinical cases”, held in Milan on May 1-4, 1964; after the paper the discussion that followed this talk is published, with interventions by Silvano Arieti, Enzo Codignola, Franco Fornari, Luigi Frighi, Pier Francesco Galli, Mario Moreno, Diego Napolitani, and Enzo Spaltro).

Clinical Cases

Comments on the case of Melody [no. 2/2022]:

Federica Melandri

Rossella Andreoli

Nicoletta Santilli Marcheggiani

Maria Grazia Sara Sicilia

Book Reviews

Book Review Essay

Sergio Benvenuto, *Lo psichiatra e il sesso. Una critica radicale della psichiatria del DSM-5*. [The Psychiatrist and Sex. A Radical Critique to the Psychiatry of DSM-5] Introduction by Pietro Barbetta. Sesto San Giovanni (Milan): Mimesis, 2021 (Euro Pozzi)

Book Reviews

Fredric N. Busch, *Psychodynamic Approach to Behavioral Change*. Washington, D.C.: American Psychiatric Publishing, 2019 (Andrea Castiello d'Antonio)

Francesco Scotti, *Nascita ed evoluzione di una psichiatria di comunità in Umbria* [Birth and Evolution of a Community Psychiatry in the Italian Region of Umbria] (2 volumes). Perugia: Fondazione Alessandro e Tullio Seppilli, 2021 (Volume 1), 2022 (Volume 2) (Paolo Migone)

Paolo Francesco Peloso, *Ritorno a Basaglia? La deistituzionalizzazione nella psichiatria di ogni giorno*. [Return to Basaglia? Deinstitutionalization in Everyday Psychiatry] Genoa: Erga, 2022 (Pietro Pellegrini)

Antonio Semerari. *La relazione terapeutica. Storia, teoria e problemi*. [The Therapeutic Relationship. History, Theory, and Problems] Bari: Laterza, 2022 (Paolo Migone)

James P. Choca & Edward D. Rossini, *Assessment Using the Rorschach Inkblot Test*. Washington, D.C.: American Psychological Association, 2018 (Andrea Castiello d'Antonio)

Walter Charles Langer, *Viaggio al centro della mente di Adolf Hitler*. Introduction by Noemi Heike. Verona: Ginkgo, 2018 (original edition: *A Psychological Analysis of Adolf Hitler. His Life and Legend*. Washington, D.C.: Morale Operations Branch, Office of Strategic Services, 1943. New edition: *The Mind of Adolf Hitler: The Secret Wartime Report*. New York: Basic Books, 1972) (Andrea Castiello d'Antonio)

Books Received

Journals [full-text: www.francoangeli.it/rivista/getArticoloFree/71597/It]

Contemporary Psychoanalysis, 2021, Volume 57, no. 3/4 (Paolo Migone)

Paolo Migone, *Comment on Contemporary Psychoanalysis*

Revue Française de Psychanalyse, 2021, Volume 85, nos. 1, 2, 3, 4 & 5 (Mauro Fornaro)

Mauro Fornaro, *Comment on the Revue Française de Psychanalyse*

Epidemiology and Psychiatric Sciences, 2022, Volume 31 (Paolo Migone)

Psychoanalytic Social Work, 2022, Volume 29, no. 1 (Paolo Migone)

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Information for subscribers and readers

Paolo Migone, *Editorial*

Andrea Angelozzi, *The need for change*

Abstract. The introduction to the debate on the current crisis of psychiatric care in Italy is an opportunity to summarize how this crisis, its causes and perspectives are described by those who indicate only delays and incompleteness in the implementation of the reform of Law no. 180 of 1978 and those, instead, who identify structural deficits in the reform itself. The various criticalities are reviewed: from the risk of new asylums to the fragile integration of psychiatric wards in general hospitals; from the limits of involuntary hospital commitment to a renewed idea of dangerousness connected to it; from the rigidity of the Community Mental Health Centers to the unchanged aspect of stigma; from the ambiguity of the concept of evidence-based medicine (EBM) to the changes derived by legislative changes. All this occurs while the lack of resources and innovative proposals are intertwined. It is proposed a change that gives back to mental health its specificity far from the trivializations of popular psychiatry, defines the framework of reference for mental health, draws a new project and a clear model strongly anchored to scientific models, clarifying the necessary resources and limiting local administrative autonomies.

Eugenio Borgna, *Italian psychiatry today*

Abstract. Some problems and critical aspects of the state of Italian psychiatry are reviewed today, forty-five years after the Law no. 180/1978 on psychiatry reform. This Law was inspired by the teachings of Franco Basaglia (1924-1980), and inaugurated a new season characterized by the progressive closing of mental hospitals and the beginning of community psychiatry. There are still problematic aspects, for example many mental health professionals are attracted towards a psychiatry that mainly emphasizes the use of medication and the biological aspects of mental suffering. However, the psychiatry reform of 1978, thanks to the deinstitutionalization process and the implementation of community psychiatry, has the possibility to facilitate therapeutic relationships characterized by listening and dialogue, that may lead to respect the dignity of the patient's suffering and to see the use of medication within a psychotherapeutic and sociotherapeutic context. The paragraphs with which this article is divided are the following: "The premises", "The shadows", "The half-lights", "Psychic suffering in its dignity", "Some thoughts of Basaglia", "What is missing today", "The importance of words", "The pandemic", "Some conclusions".

Ivan Cavicchi, *Beyond the Italian Law no. 180/1978 on psychiatric reform*

Abstract. There is a full-blown crisis of the mental health system recognized by all but explained in a non-unanimous way. Two approaches are described, "denotative" and "connotative", on the basis of which two theses called, respectively, "unfinished symphony" and "beyond the Law 180", are developed. The first refers to an incomplete reform process that has generated aporias, contradictions, fallacies and paradoxes with which many psychiatrists identify several factors such as the following: changes in the need for care, "manufacturing defects" of Law no. 180/1978, problems of psychiatric services, difficult relationship between public psychiatric services and the private sector, increasing admissions and days of hospitalizations in residential facilities, lack of fight against mental health stigma, stress of mental health professionals and their insufficient training, limited resources. The "depot effect" of these factors, releasing and amplifying other criticalities, leads to a lower credibility linked to a diminished "perceived value" of the mental health system, and testifies to an epistemic crisis linked to a change of the original ideology that could not be transformed into science due to the halting of a reform process that should go beyond Law no. 180 of 1978. If ideology in mental health becomes science, the challenge of the psychiatry reform will be won and the mental health crisis will be resolved.

Paolo Francesco Peloso, *“Back to Basaglia”*: A possible perspective for mental health?

Abstract. Some problems addressed in the book *Ritorno a Basaglia? La deistituzionalizzazione nella psichiatria di ogni giorno* [“Back to Basaglia? The deinstitutionalization in everyday psychiatry”] (Peloso, 2022) are discussed. The issue of whether it may be useful for today Italian psychiatry to look back to Basaglia and more generally to the years of struggle that led to the promulgation of Law 180/1978, and whether this is still possible in Italy and in a world that have changed in so many respects, is addressed at three levels: the levels of the mental health professional, of psychiatric services, and of social inclusion. It is concluded that certainly the egalitarian, libertarian and solidarity instances that favored deinstitutionalization and the movement against exclusion seem to have lost strength today, and this makes everything more difficult, especially at the third level. However, probably this is not yet true to the point of inhibiting personal responsibility and the “choice” that each one can make: therefore, Basaglia and his years remain, in many respects, an important point of reference both for mental health professionals and the organization of mental health services.

Traces

Pier Francesco Galli, *Ten years of groups in Italy* (1970). With an introductory note

Abstract. After an introduction by Pier Francesco Galli, the paper presented at a meeting entitled “Ten years of groups in Italy”, organized by Enzo Spaltro (1929-2021) in Milan in May 1970, is published. These are the themes that are discussed, among others: the role of the intellectual, and in particular of the psychoanalyst, in a society in transformation and which is modernizing; the function of group psychological and psychotherapeutic techniques and their possible use in a manipulative way; the importation of theories and techniques and the problem of possible cultural “colonization” by other countries; industrial and organizational psychology and the role of the psychologist in companies; and so on.

Clinical Cases

Maria Cristina Calle, *The case of Matteo*

Comments on the case of Matteo:

Mario Rivardo

Cristiano Lastrucci

Book Reviews

Nancy McWilliams, *La supervisione. Teoria e pratica psicoanalitiche*. Milan: Raffaello Cortina, 2022 (original edition: *Psychoanalytic Supervision*. New York: Guilford, 2021) (Andrea Castiello d’Antonio)

Adriana Grotta & Paola Morra (editors), *Bambini già adulti. Problemi dello sviluppo infantile al tempo di Internet*. [Children Who Are Already Adults. Problems of Child Development in the Age of the Internet] Bologna: Pendragon, 2021 (Pierrette Lavanchy)

Andrea Castiello d’Antonio, *Scegliere lo psicoterapeuta. Una guida per pazienti e terapeuti*. [Choosing the Psychotherapist. A Guide for Patients and Therapists] Florence: Hogrefe, 2022 (Marta Restelli)

Elisabetta Marchiori & Angelo A. Moroni (editors), *Ascolto educativo. Interazioni tra psicoanalisi, pedagogia e clinica dell’età evolutiva*. [Educational Listening. Interactions between Psychoanalysis, Pedagogy and Therapeutic Approach to Childhood] Preface by Roberto Goisis. Afterword by Lenio Rizzo. Padua: Linea Edizioni, 2022 (Adriana Grotta)

Philippe Tissié, *Il caso clinico del viaggiatore sonnambulo*. [The Clinical Case of the Sleepwalking Traveler] Edited, translated, and with an essay by Valeria P. Babini. Macerata: Quodlibet, 2022 (translation of papers by Philippe Tissié published in 1887, 1890, 1896, and 1930) (Andrea Castiello d’Antonio)

Frans de Waal, *Diversi. Le questioni di genere viste con gli occhi di un primatologo*. Milan: Raffaello Cortina, 2022 (original edition: *Gender Through the Eyes of a Primatologist*. New York: Norton, 2022) (Silvia Marchesini)

Richard Layard & David M. Clark, *Il potere della terapia psicologica. Come migliorare la vita delle persone e della società*. Prefazione di Paolo Michielin. Firenze: Giunti, 2022 (ediz. orig.: *Thrive: The Power of Psychological Therapy*. London: Penguin, 2014) (Paolo Migone)

Giovanni Maria Ruggiero, Gabriele Caselli & Sandra Sassaroli (editors), *La formulazione del caso in terapia cognitivo-comportamentale. Gestire il processo terapeutico e l'alleanza di lavoro*. Presentation by Marcantonio Spada. Preface by Gerhard Benetka. Trento: Erickson, 2022 (original edition: *CBT Case Formulation as Therapeutic Process*. Cham, CH: Springer, 2021) (Paolo Migone)

Forgotten Books

Bronislaw Malinowski, *Sesso e repressione sessuale tra i selvaggi*. Turin: Boringhieri, 1969 (original edition: *Sex and Repression in Savage Society*. London: Kegan Paul & Company, 1927) (Antonella Mancini)

Books Received

Journals [full-text: www.francoangeli.it/rivista/getArticoloFree/72172/It]

Psyche. Zeitschrift für Psychoanalyse und ihre Anwendungen, 2021, Volume 75, nos. 1, 2, 3, 4, 5, 6, 7, 8, 9/10, 11 & 12 (Silvano Massa)

Silvano Massa, *Comment on Psyche*

The Journal of Analytical Psychology, 2022, Volume 67, no. 3 (Paolo Migone)

Journal of Child Psychotherapy, 2022, Year 60, Volume 48, no. 2 (Paolo Migone)

Rivista Sperimentale di Freniatria. The Italian Journal of Mental Health, 2021, Volume 145, nos. 1, 2 & 3 (Andrea Castiello d'Antonio)

Psicoanalisi, 2021, Volume 25, nos. 1 & 2 (Andrea Castiello d'Antonio)

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