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Edited by *Paolo Migone**

Issue no. 1, 2019, Volume 53

Pier Francesco Galli, *Editorial. Psychiatry: Questions in waiting list*

The Italian Law no. 180/1978 on psychiatric reform.

The different souls of deinstitutionalization movement in Italy: A reassessment

Bruno Orsini, *Origins and meaning of the Law no. 180/1978*

Round table and discussion from the floor. Interventions by Tommaso Biccardi, Massimo Clerici, Antonello D'Elia, Cécile Edelstein, Maria Grazia Giannichedda, Santi Laganà, Pier Luigi Lattuada, Fabio Madeddu, Andrea Salvatore Meluso, Paolo Migone, Stefano Mistura, Leo Nahon, Bruno Orsini, Giuseppe Pozzi, Antonio Restori, Pier Luigi Scapicchio

Abstract. The unabridged proceedings of the morning of the first day of the International Meeting "An Italian 'Madness': The 40th Anniversary of the 'Basaglia Law'" ("Una 'follia' italiana: la Legge Basaglia compie 40 anni") are published. This meeting was organized by the "Italian Association for the Coordination of Helping Professions" (*Coordinamento Italiano Professionisti della Relazione d'Aiuto* [CIPRA] – www.cipraweb.it) in the Main Hall of Milano-Bicocca University of Milan, Italy, on November 16-17, 2018. At the beginning there is the opening paper ("Origins and meaning of the Law no. 180/1978") by Bruno Orsini, the Senator who drafted the Italian Law no. 180 of 1978 (the so-called "Basaglia Law", after the name of Franco Basaglia [1924-1980] who was a leader of the deinstitutionalization movement in Italy in the 1960-70s), followed by a round table chaired by Paolo Migone and titled "The Italian Law no. 180/1978. The different souls of deinstitutionalization movement in Italy: A reassessment" ("La Legge 180. Le diverse anime del movimento anti-istituzionale: un bilancio"). Among the invited participants of this round table there were also some of the closest collaborators and friends of Basaglia: beside Bruno Orsini himself, the participants of the round table were Maria Grazia Giannichedda, Stefano Mistura, Leo Nahon, and Pier Luigi Scapicchio (also Luigi Cancrini, Franco Rotelli and Paolo Tranchina had been invited, but they could not participate because of other commitments). In order to give a full report of the discussion, all interventions are here published, also those from the

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audience. The following colleagues intervened, in alphabetical order: Giorgio G. Alberti, Tommaso Biccardi, Massimo Clerici, Antonello D'Elia, Donatella De Marinis, Cécile Edelstein, Maria Grazia Giannichedda, Santi Laganà, Pier Luigi Lattuada, Fabio Madeddu, Andrea Salvatore Meluso, Paolo Migone, Stefano Mistura, Leo Nahon, Bruno Orsini, Giuseppe Pozzi, Antonio Restori, Pier Luigi Scapicchio, and Riccardo Zerbetto. The video-recording of this morning session is on the YouTube channel of the journal *Psicoterapia e Scienze Umane* (www.youtube.com/user/PsicoterScienzeUmane/playlists), and the program of the meeting is on the web page www.cipraweb.it/cms/29-eventi/convegni/67-convegno-internazionale-2018.

Cristiano Scandurra, Fabrizio Mezza, Paolo Valerio, Roberto Vitelli, *Affirmative approaches and relevance of minority stress in psychological counseling with LGBT people: A review of the international literature*

Abstract. The acronym LGBT is used to indicate a very wide range of individuals – lesbian, gay, bisexual, transgender – who, despite intuitive differences related to diverse sexual orientations and gender identities, may be considered a homogeneous group due to the specific needs and peculiarities of development pathways, often marked by experiences of stigmatization and discrimination. In recent years, the request for psychological help from people belonging to this population has significantly increased, and this makes the definition of objectives and intervention strategies necessary. This paper aims at highlighting specific aspects, critical issues, and operational contexts related to clinical intervention with LGBT people, with particular reference to psychological counseling. After a brief historical and cultural overview on the relationship between the psychological sciences and the phenomena related to groups belonging to sexual and gender minorities, two of the most prevalent theoretical perspectives in the scientific and professional system on LGBT issues are described: the minority stress theory (a perspective used in scientific research as a key to understanding the high levels of stress usually encountered in such a population) and the affirmative paradigm (a perspective currently privileged in clinical practice with LGBT clients). Thus, the contribution is focused on the development of the LGBT dimensions within the counseling context, retracing various historical stages that led the *Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling* (ALGBTIC) to propose a set of guidelines which are briefly discussed, as they represent a fundamental tool for professionals involved in helping relationships. In conclusion, the current research perspectives highlighting an unsatisfactory scenario regarding the empirical evidence on the effectiveness of counseling interventions addressed to LGBT clients are discussed.

Traces

Pier Francesco Galli, *Prisoners of the past within today's clinical practice*

Abstract. After an Introductory Note by Pier Francesco Galli, a plenary lecture he gave at the meeting “The Dictatorship of the Present. The Individual Uneasiness Related to the Changing Parameters in Orienting Ourselves in Current Realty”, organized by the “Italian Center for Analytical Psychology” (CIPA) of Milan, Italy, on March 21-22, 2009, is published. Within this lecture, some excerpts of other essays are quoted. In particular, extended quotations from a paper presented on July 11, 2007, within the series of seminars titled “Pathways of Research, Promotion and Maintenance of Mental Health Today” organized in Rome by the Italian Ministry of Health, are reported. Some aspects of the history of the Jungian approach in Italy are described, and various considerations on the problem of psychiatric practice in mental health services are made. Among other things, the following topics are discussed: the transformation of Italian Community Mental Health Centers’ management into institutions operated under the principles of a private company; interaction of the therapist’s person with his/her technique; the issue of procedures and the difficulty decision making within a situation of uncertainty; leadership in community mental health centers; the crisis of critical thinking; the therapist’s personality factors in psychiatric work; and so on.

Discussions

Andrea Angelozzi, *Without science and without culture. Reflections on mental health reforms*

Abstract. The three Law Drafts presented at the Italian Senate by various political parties for the purpose of reforming the Law no. 180/1978 on psychiatric reform are discussed. Regardless of the diversity of the proposals they formulate, they show many common biases: they don't proceed from a serious analysis of the effects of the Law on psychiatric reform, of the current situation and the causes of existing difficulties; they don't take into account the scientific knowledge and the changes that have occurred during these years; they provide weak answers to the real needs of psychiatry in Italy today. These Law Drafts ignore the progressive changes introduced in the last 40 years aiming at reforming the National Health System; in some cases these changes brought about substantial reforms, but more often introduced interventions on marginal aspects, yet of great impact in their consequences. These changes, in particular the delegation of powers to the Regions concerning health planning and a series of acts adopted by the Government aimed at budget control and spending review, have replaced a capacity for ambitious cultural projects with a poor administrative mentality in every sector of the health system, so that it becomes almost impossible to address the real problems. These changes have wide effects on Italian psychiatry, which in the years following the Law of Reform no. 180/1978 increasingly lacks of a wider cultural perspective and is unable to build a scientific space for itself, because a scientific view would be considered too narrow and unable to include cultural factors. Today's Italian psychiatry, without a wider cultural perspective and a scientific view, is without identity and it is torn between health requests and social demands, between ideological and scientific approaches, between attention to the needs of the people and attention to the political mechanisms of health organization. It is thus transformed into a weak and flat management, poor not only in resources but above all in planning capacity.

Mario Di Fiorino, *The result of ideological passion: The negation of a place for treatment. A proposal of modification of the Italian Law no. 180/1978 on psychiatric reform*

Abstract. Forty years after the psychiatric reform in Italy (Law no. 180/1978), the author, who co-signed a proposal for a reform of this Law (proposal no. 656 of 2018, first signer Senator Marin), examines the critical elements of the total deinstitutionalization implemented in Italy. The current situation is not related to the failure of implementing the reform, but rather it is the consequence of the ideas of Franco Basaglia, who inspired the reform although he was ambivalent about it. If utopian elements accompanied the birth of asylums, in Italy the utopia was even more relevant in determining their closing. The Italian psychiatric reform of 1978 represented a compromise: the Law no. 180/1978 established small psychiatric units for emergencies in general hospitals. The motto of Tancredi Falconeri, nephew of the Prince of Salina in Giuseppe Tomasi di Lampedusa's 1958 novel *The Leopard* – «If we want things to stay as they are, things will have to change» – has characterized the choices of the leading group of Italian psychiatrists: with the Law no. 180/1978 they obtained psychiatric units in the General Hospitals at the price of the renunciation of psychiatric institutions for severe disorders. Today Italian psychiatrists are burdened by significant professional responsibilities, without any operational conditions that allow psychotic patients to be treated for the necessary length of hospital care.

Pietro Pellegrini, *The discreet charm of restraint*

Abstract. After almost 140 years, in Italy the Judicial Psychiatric Hospitals were closed down, and for the perpetrators an attempt was made to create a system consistent with the Law no. 180/1978 which focused on judicial measures and interventions in the community. This complex process highlighted several contradictions, for example the dialectics of care *versus* control and of “restraint” *versus* “no restraint” practices. Ensuring the imputability and the right to a fair trial, overcoming ambiguous and unscientific notions, is fundamental for the treatment

of persons with mental disorders. The practice of “restraint” is in contrast with the law, is inapplicable in the current structure of psychiatric services and, in the long run, is ineffective and counter-therapeutic. The restraint position gives mental health professionals improper and impossible tasks, and exposes the psychiatrist to legal responsibilities. Italian psychiatry must overcome restraint practices through theoretical, clinical and organizational work by actively involving patients. The “no restraint” movement in the various Italian Regions shows that this is possible.

Paolo Romano, *The Italian Law no. 180/1978 on psychiatric reform forty years later: Remembrances and some reflections*

Abstract. Franco Basaglia’s concerns regarding the application of the Italian Law no. 180/1978 on psychiatric reform and the disagreements within the anti-institutionalization movement itself due to its tendency not to be fully interested in psychiatric knowledge and training are discussed. On these premises, a number of unsolved issues related to the organization and practices of the reformed psychiatric services are analyzed, and possible solutions in order to overcome these problems are suggested. In particular, it is emphasized the need for a more complete implementation of psychiatric reform with the establishment of Therapeutic Communities functionally connected with Community Mental Health Centers; these Centers should be open 12 or 24 hours a day and operate in synergy with all others in-patients and out-patients services. Within this new organization, much greater importance should be given to the implementation of training processes in which an interpersonal culture could be transmitted to mental health professionals; this interpersonal culture is deemed to be of fundamental importance for the tasks that mental health professionals today face in community psychiatry.

Clinical Cases

Comments on the case of Matteo [n. 4/2018]: Eleonora Marcelli, Federica Melandri, Paola Destefani, Tiziano Dalfior, Elisabetta Arfini

Book Reviews

Book Review Essay

Antonio Damasio, *The Strange Order of Things*. New York: Pantheon, 2018 (Italian translation: *Lo strano ordine delle cose*. Milan: Adelphi, 2018) (Piero Porcelli)

Book Reviews

Alenka Zupančič, *Che cosa è il sesso?* Milan: Ponte alle Grazie, 2018 (original edition: *What is sex?* Cambridge, MA: MIT Press, 2017) (Gioele P. Cima)

Marina Ballo Charmet, *Con la coda dell’occhio. Scritti sulla fotografia*. [Out of the Corner of Our Eyes. Writings on Photography] Edited by Stefano Chiodi. Macerata: Quodlibet, 2017 (Paola Morra)

Forgotten Books

Frieda Fromm-Reichmann, *Principi di psicoterapia*. Milan: Feltrinelli, 1962 (original edition: *Principles of Intensive Psychotherapy*. Chicago, IL: University of Chicago Press, 1950);

Hilde Bruch, *Apprendere la psicoterapia*. Turin: Boringhieri, 1979 (original edition: *Learning Psychotherapy*. Cambridge, MA: Harvard University Press, 1974) (Antonella Mancini)

Book Notices

Clara Mucci, *Borderline Bodies. Affect Regulation Therapy for Personality Disorders*. New York: Norton, 2018 (Gioele P. Cima)

Elliot L. Jurist, *Tenere a mente le emozioni. La mentalizzazione in psicoterapia*. Milan: Raffaello Cortina, 2018 (original edition: *Minding Emotions*. New York: Guilford, 2018) (Francesca Tondi)

- John Bargh, *A tua insaputa*. Turin: Bollati Boringhieri, 2018 (original edition: *Before You Know It: The Unconscious Reasons We Do What We Do*. New York: Touchstone, 2017) (Silvia Marchesini)
- Glen O. Gabbard, *Introduzione alla psicoterapia psicodinamica*. Third Edition. Milan: Raffaello Cortina, 2018 (original edition: *Long-Term Psychodynamic Psychotherapy. A Basic Text*. Third Edition. Washington D.C.: American Psychiatric Publishing, 2017) (Andrea Castiello d'Antonio)
- Vittorio Lingiardi, *Diagnosi e destino*. [Diagnosis and Destiny] Turin: Einaudi, 2018 (Andrea Castiello d'Antonio)
- Paul C. Vitz, *L'inconscio cristiano di Sigmund Freud*. Rome: Alpes, 2018 (original edition: *Sigmund Freud's Christian Unconscious*. New York: Guilford, 1988) (Davide Cavagna)
- Allen Frances, *Il crepuscolo di una nazione. L'America di Trump all'esame di uno psichiatra*. Turin: Bollati Boringhieri, 2018 (original edition: *Twilight of American Sanity. A Psychiatrist Analyzes the Age of Trump*. New York: HarperCollins, 2017) (Francesca Tondi)
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- The International Journal of Psychoanalysis*, 2018, Volume 99, nos. 1, 2, 3, 4, 5, 6 (Pietro Pascarelli)
- Comment on The International Journal of Psychoanalysis* (Pietro Pascarelli)
- International Journal of Psychotherapy*, 2018, Vol. 22, no. 2 (Paolo Migone)
- Transcultural Psychiatry*, 2019, Volume 56, no. 1 (Paolo Migone)

2019 Program: "International Seminars of Psicoterapia e Scienze Umane"

Information for subscribers and readers

Issue no. 2, 2019, Volume 53

Pier Francesco Galli, *Editorial: Decades*

Morris N. Eagle, *The relation between inner and outer worlds*

Abstract. The relationship between inner and outer worlds is explored. A wide range of experiences, including realistic perception and aesthetic experiences, can be understood as transitional phenomena as described by Donald W. Winnicott, in the sense that they are characterized by resonance between inner structures and external inputs. Winnicott suggested that one should refrain from insisting on a one-sided answer to the question of whether one has created the experience or finds it present in external reality. It is also argued that both certain forms of psychopathology as well as certain philosophical positions entail a one-sided "solution" to the tension between inner and outer worlds. Finally, it is suggested that psychoanalytic theories need to resist the temptation to offer a one-sided answer, and to this regard the approaches of Roy Schafer, Donald Spence, and Richard Geha, that are based on the construction of narratives, are critically discussed. Psychoanalytic theories need to live with the tension, and try to find ways to integrate these two realms of existence. (This paper was read on May 6, 1994, as *Erikson Lecture* at the *Austen Riggs Center* of Stockbridge, Massachusetts).

Daniela De Robertis, *The patient is afraid of the analyst. A discussion from the viewpoint of relational psychoanalysis*

Abstract. Starting from an investigation into the faces of fear within the psychoanalytic session, it is legitimate to think that even the analyst could be the source of important emotional inputs to the patient. Such stimuli may act as microtraumas and derange the analytic work and relationship. In order to explore such a context, two reading devices are used: Sándor Ferenczi's "confusion of tongues" and Jean Laplanche's "generalized seduction theory". The parallelism of infant/caregiver and patient/therapist is based on a common feature: the asymmetry of the relationship and the traumatism when this asymmetry is misunderstood and violated. The shapes of this specific psychoanalytic traumatism are explored, and two basic emotions are analyzed: violence and fear. In the consulting room this combination refers to the patient's fear of the "violence" of analytic interpretations. It is an emotional context where a "violent" analyst and a fearful patient can have symmetrical roles and give origin to "victim/perpetrator" scripts. In the second part of the paper some "safety measures" and thoughts to limit these risks are suggested. The deterrent effects are based on a more complex look and on a more extensive relational use of interpretative "devices". The importance of interpretation as a password to enter into unconscious implicit configurations and semantic networks of the patient's narratives is discussed. Nevertheless it is essential to contextualize the interpretation to the patient's characteristics and to the therapeutic situation and process.

Cesare Romano, *Freud, Morelli and the birth of the clues method in psychoanalysis*

Abstract. Starting from Freud's reference in *The Moses of Michelangelo* (1913) to the art connoisseur Giovanni Morelli, it is argued that the birth of the clues method in psychoanalysis that Freud developed mainly in *The Psychopathology of Everyday Life* (1901) owes to the method that Morelli developed twenty years before the birth of psychoanalysis. It is argued that claiming that Morelli's method was closely related to the technique of psychoanalysis, Freud didn't mean to recognize its priority towards psychoanalysis, instead he wanted to include in the field of psychoanalysis also art criticism. Ginzburg's argument that the clues method in psychoanalysis is related to the model of medical semeiotics is challenged. According to Anderson's research, it is argued that Morelli's method is instead related to Cuvier's studies on comparative anatomy. It is also highlighted the autobiographical framework of *The Moses of Michelangelo* and shown an unnoticed Freud's parapraxis about the drawings of Mose's sculpture he commissioned to an artist. It is pointed out, then, the closeness between Morelli's rhetoric style and Freud's narrative style in the *Psychopathology of Everyday Life*, the book in which the impact of Freud's fresh reading of Morelli's work appears more obvious. Lastly, many inconsistencies of the first two chapters of *The Psychopathology of Everyday Life* are highlighted.

Stefano Benni, Alberto Merini, Luigi Antonello Armando, Marianna Bolko, *The art of dreaming*

Abstract. The relationship between art and dream is at the origin of Freud's dream theory. For example, Dora tells a dream in which she is in a foreign city, Dresden, where she is deeply fascinated by Raffaello's *Sistine Madonna*. When Freud asks what fascinated her, she replies: "the Madonna". From this answer, Freud confirms his dream theory by interpreting that what struck Dora was the image of a virgin mother, i.e., frigid because she became mother avoiding the fantasy of the trauma of an incestuous relationship. Four interventions are published, that were read at the meeting "The art of dreaming. Stefano Benni and Alberto Merini discuss with Luigi Antonello Armando and Marianna Bolko on the occasion of the presentation of their book "The Forgotten Trauma. Dream Interpretation in the Psychotherapies: History, Theory, Technique" (Milan: FrancoAngeli, 2017)", held at the "Library of Mental Health and the Human Sciences" of the "Gian Franco Minguzzi Institution" of Bologna, Italy, on March 12, 2019. The authors make the hypothesis that in her reaction to that painting Dora, instead, was looking for the creative capacity

she needed in order to leave her home and her father. On the basis of this hypothesis, they investigate the possibility of going beyond Freud's dream theory and his technique of dream interpretation.

Traces

Traces in the present

Pier Francesco Galli, *Introduction*

Alessandro Ancona, *Notes on psychiatry: Theory and practice* (1976)

Gian Franco Minguzzi, *Excerpts from the resignation letter from Secretary-General of Psichiatria Democratica* (1977)

Abstract. In this section "Traces", two contributions are published, preceded by an introduction by Pier Francesco Galli who frames them within an historical viewpoint. The first contribution is made of excerpts of an article written by Alessandro Ancona (1939-1997) that originally appeared in issue no. 3/1976, Volume 10, of the journal *Psicoterapia e Scienze Umane*, titled "Notes on psychiatry: Theory and practice", that contains an analysis of psychiatric care in Italy in a period in which the movements for de-institutionalization and community psychiatry were widespread; the excerpts are from the second part of this article, titled "Notes on psychiatric care and training of mental health professionals", and from the third part, titled "Notes on 'psychiatry and politics' in the current Italian situation". The second contribution is made of excerpts of the resignation letter from Secretary-General of the Italian movement of *Psichiatria Democratica* ["Democratic Psychiatry"] written by Gian Franco Minguzzi (1927-1987) on October 28, 1977, and sent to the members of the National Committee and the local sections of *Psichiatria Democratica*.

Discussions

Mauro Fornaro, *Is Heidegger usable for the psychoanalyst? Yes and no*

Abstract. Discussing the interventions by Lawrence Friedman and Robert D. Stolorow (issue no. 4/2018 of *Psicoterapia e Scienze Umane*), the use of Heidegger's thinking as a philosophical framework for psychoanalysis, which was Binswanger's position, is considered unfruitful. Nevertheless, it is acceptable the use of some Heideggerian concepts and descriptions in an analogical sense, even if in a different context (as Lacan brilliantly did with the concept of id). The possibility of searching for the existential meaning of a symptomatology is not excluded, in addition – and not as an alternative – to the search for causes that is typical of psychoanalysis. But it is necessary to adopt a meaning of "existential" closer to that of Jaspers than to Heidegger's.

Clinical Cases

Simone Maschietto, *The case of Anna*

Comments on the case of Anna: Secondo Giacobbi, Pierrette Lavanchy

Book Reviews

Book Reviews

Jean-Luc Donnet, *La situazione analizzante*. Introduction by Roberta Guarnieri. Rome: Alpes, 2018 (original edition: *La situation analysante*. Paris: PUF/Humensis, 2005) (Davide Cavagna)

Jeremy Holmes, *La teoria dell'attaccamento. John Bowlby e la sua scuola*. New Edition. Milan: Raffaello Cortina, 2018 (original edition: *John Bowlby and Attachment Theory*. Second Edition. Abingdon-on-Thames, UK: Routledge, 2014) (Andrea Castiello d'Antonio)

Luigi Antonello Armando, *Storicizzare Freud*. [Historicizing Freud] Milan: FrancoAngeli, 2019 (Gioele P. Cima)

Forgotten Books

Erik H. Erikson, *Infanzia e società*. Rome: Armando, 1963 (original edition: *Childhood and Society*. New York: Norton, 1950) (Antonella Mancini)

Book Notices

Franco Borgogno, Alberto Luchetti & Luisa Marino Coe (editors), *Reading Italian Psychoanalysis*. London: Routledge, 2016 (Paolo Migone)

Peter A. Levine, *Trauma e memoria. Una guida per capire ed elaborare i ricordi traumatici*. Preface by Bessel A. van der Kolk. Rome: Astrolabio, 2018 (original edition: *Trauma and Memory: Brain and Body in a Search for Living Past. A Practical Guide for Understanding and Working with Traumatic Memory*. Berkeley, CA: North Atlantic Books, 2015) (Andrea Castiello d'Antonio)

Glen O. Gabbard & Holly Crisp, *Il disagio del narcisismo. Dilemmi diagnostici e strategie terapeutiche con i pazienti narcisisti*. Milan: Raffaello Cortina, 2019 (original edition: *Narcissism and its Discontents*. Washington, D.C.: American Psychiatric Association Publishing, 2018) (Francesca Tondi)

Melanie Klein, *Weaning. Lo svezzamento come conflitto*. Sesto San Giovanni (Milan): Mimesis, 2018 (partial translation of: Susan Isaacs, Melanie Klein, Merrell P. Middlemore, Nina M. Searl & Ella Freeman Sharpe, *On the Bringing up of Children*. Edited by John Rickman. London: Kegan Paul, 1936) (Gioele P. Cima)

Nathalie Jaudel, *La leggenda nera di Jacques Lacan. Elisabeth Roudinesco e il suo metodo storiografico*. Turin: Rosenberg & Sellier, 2018 (original edition: *La légende noire de Jacques Lacan*. Paris: Navarin, 2014) (Gioele P. Cima)

Sophia F. Dziegielewska, *DSM-5 in Action*. Foreword by Filippo Di Pirro. Florence: Giunti, 2017 (original edition: *DSM-5 in Action*. Third Edition. Hoboken, NJ: Wiley, 2015) (Andrea Castiello d'Antonio)

Books Received

Journals

Journal of the American Psychoanalytic Association, 2018, Volume 66, nos. 1, 2, 3, 4, 5, 6 (Jutta Beltz & Luisella Canepa)

Jutta Beltz & Luisella Canepa, *Comment on the Journal of the American Psychoanalytic Association*

The Psychoanalytic Quarterly, 2018, Volume 87, nos. 1, 2, 3, 4 (Andrea Castiello d'Antonio)

Andrea Castiello d'Antonio, *Comment on The Psychoanalytic Quarterly*

Group Dynamics: Theory, Research, and Practice, 2019, Volume 23, no. 1 (Paolo Migone)

Il Sagittario, 2018, Year 22, no. 40/41 (Paolo Migone)

A. Rivista Anarchica, 2019, Year 49, no. 433 (Paolo Migone)

2019 Program: “International Seminars of Psicoterapia e Scienze Umane”

Information for subscribers and readers

Issue no. 3, 2019, Volume 53

Wilma Bucci, *The role of language in emotional life*

Abstract. Emotional experience is inherently difficult to communicate in words. The connection of emotional experience and language is examined in the context of Wilma Bucci's multiple code theory with its corollary concepts of “emotion schemas” and the “referential process”; the limitations of this connection are examined as well. Emotion schemas are made up of episodes that include particular subsymbolic bodily processes activated in relation to different people and

objects, in many contexts. Verbalization of emotional experience through the referential process involves at least trace activation of bodily components of an emotion schema, leading to detailed description of an event associated with the schema, then stepping away from the immediate experience of the event, to examine its emotional meaning. The event may be a memory, or a report of a fantasy, or a dream, or an ongoing interaction. Computerized linguistic measures of the functions of the referential process are presented; these include the *Weighted Referential Activity Dictionary* (WRAD), which indicates immediacy of immersion in an experience as reported in a description of an image or a narrative, and the *Weighted Reflection/Reorganizing List* (WRRL), which assesses the function of examining emotional meaning.

Paolo Migone, *Paths in psychoanalysis: John E. Gedo*

Abstract. The cultural profile and theoretical contributions of John E. Gedo (1927-2019) are briefly outlined. John E. Gedo, who died this year, was a Chicago psychoanalyst of Hungarian origins who was very close to Heinz Kohut during the years in which he was building the theoretical edifice of self psychology, to which he gave important inputs. Gedo eventually interrupted his collaboration with Kohut and proposed a more ambitious model, a “hierarchical schema” of five modes of psychological functioning, each one of them characterized by a specific regulation principle, defense, problem or danger, and therapeutic intervention. He presented this proposal in many articles and books, particularly in his book *Beyond Interpretation: Towards a Revised Theory for Psychoanalysis* (New York: International Universities Press, 1979). Gedo had also a rich and typically European humanistic culture, and was especially interested in arts, a subject to which he dedicated several books and the last years of his life. Gedo’s contributions are presented also through a long quotation of the essay by Paolo Migone “Monografia: John E. Gedo” [A monography on John E. Gedo], published in *Psicoterapia e Scienze Umane*, 1985, 19 (4): 89-102.

Berta Neumann, *Process notes on the psychotherapy of Federico (1955-56)*. Edited by Eugenia Omodei Zorini

Abstract. The process notes of one year of psychoanalytic therapy with a severely regressed psychotic patient are published. This therapy was conducted by Berta Neumann (1894-1976) from August 1955 to August 1956, and these process notes were kept by Eugenia Omodei Zorini who transcribed them and are published here for the first time. Among other things, some therapeutic techniques of the time are shown, for example verbal interpretations on unconscious material in schizophrenia and the technique of “symbolic realization” developed by *Madame* Marguerite Sechehaye in the late 1940s.

Traces

Logics of prediction

Pier Francesco Galli, *Editorial note*

Daniel Kahneman, *Memories of a summer with David Rapaport in 1960, and possible sequelae Discussion with interventions by Wilma Bucci, Mauricio Cortina, Gerhard W. Dammann, Diana D. Diamond, Morris N. Eagle, Kenneth A. Frank, Daniel Kahneman, Danielle Knafo, Frank M. Lachmann, Joseph D. Lichtenberg, Paul Lippmann, Everett Waters, David L. Wolitzky, Rachel A. Wolitzky*

Abstract. After an introduction by Pier Francesco Galli, the seminar held by Daniel Kahneman at the 57th Annual Meeting of the *Rapaport-Klein Study Group* at the *Austen Riggs Center* (Stockbridge, Massachusetts, June 7-9, 2019) is published, with the discussion. Kahneman remembers David Rapaport’s personality, his teaching, and the cultural atmosphere in 1960 at the *Austen Riggs Center* where he spent a summer invited by Rapaport; in those years also Erik Erikson was a member of the staff. In the discussion, several issues are raised, in particular the relationship in clinical psychology between the “fast” clinical intuition and the “slow” actuarial

prediction (i.e., based on rules and statistics); to this regard, the position held by Paul E. Meehl in the 1950s is examined. The interventions in the discussion are by Wilma Bucci, Mauricio Cortina, Gerhard W. Dammann, Diana D. Diamond, Morris N. Eagle, Kenneth A. Frank, Daniel Kahneman, Danielle Knafo, Frank M. Lachmann, Joseph D. Lichtenberg, Paul Lippmann, Everett Waters, David L. Wolitzky, and Rachel A. Wolitzky. The audio-recording and the English text, edited by Everett Waters and Paolo Migone, with a presentation of Daniel Kahneman by Morris Eagle, are at the web page www.psychomedia.it/rapaport-klein/june2019.htm.

Discussions

Andrea Angelozzi, *Ten problems for a real reform in mental health services*

Abstract. The Italian Law no. 180/1978, that closed mental hospitals in Italy, is a law of principles that cannot prevent the development and the progressive extension of ways of working used in old psychiatric hospitals. Ten aspects are examined which are strongly at risk in this direction and which are in fact facilitated by many national and regional regulations. They are the following: leaving the organization of mental health to the autonomous decisions of Regions; reducing the programming of services to an administrative management; reconstituting spaces that operate according to the old mental hospital system; not using every available tool to oppose chronicity; not making a real integration of the new psychiatric wards in General Hospitals; returning to “dangerous for yourself and others” as the leading model in psychiatric choices; devaluing the centrality of the community and the integrative value of mental health centers; managing any context where there are behavioral or social problems as something related to mental illness; ignoring benchmarking and outcome measures; devaluing the quality of training.

Antonio Maria Ferro, *The craftsmanship of psychiatry: Forty years after the Italian Law no. 180/1978*

Abstract. Some important aspects characterize the movement of humanistic psychiatry, from John Conolly to Wilfred R. Bion and Franco Basaglia, up to the many colleagues who intervened in the debates published in the last issues of the journal *Psicoterapia e Scienze Umane* around the 40 years of the Italian Law no. 180/1978 that provided for the closing of Psychiatric Hospitals. Among these aspects there are a culture of acceptance and inclusion, respectful and affectively rich, and the ability to understand and treat psychiatric patient without relying only on descriptive diagnoses and overt symptoms. These aspects can be considered an antidote to a return of mental asylums and of a mental attitude and an ideology of exclusion that can come back in any moment. Many Community Mental Health Centers tried to deal the new forms of psychopathology (eating disorders, adolescent crises, depressions in the elderly, personality disorders, new forms of addiction, etc.), while other Centers remained attached to ideological or self-referential approaches. Two concept are discussed: the idea of “craftsmanship of psychiatry”, sensible to improvements and open to external influences; and the idea of psychiatry as a “discipline at the border” of different areas of expertise and specialized in the relationship with the “Other” (institution, biological psychiatry, psychology, sociology). This psychiatry is light and poor without being fragile. Italian psychiatry should be proud of these 40 years after the Law no. 180/1978: Psychiatric Hospitals, differently from any other country of the world, are still closed. Pessimism could be an alibi to avoid further progress, and future developments of humanistic psychiatry are possible.

Clinical cases

Comments on the case of Anna [n. 2/2019]: Simona Argentieri, Eugenia Omodei Zorini, Francesca Tombolini, Simone Maschietto

Book Reviews

Book Review Essay: "For a clinical understanding of serial torturers"

Françoise Sironi, *Comment devient-on tortionnaire? Psychologie des criminels contre l'humanité*. [How Does One Become a Torturer? Psychology of Criminals Against Humanity] Paris: Éditions La Découverte, 2017 (Salvatore Inglese)

Book Reviews

Christopher Bollas, *L'età dello smarrimento. Senso e malinconia*. Milan: Raffaello Cortina, 2018 (original edition: *Meaning and Melancholia. Life in the Age of Bewilderment*. London: Routledge, 2018) (Silvia Marchesini)

Forgotten Books

Ernst Kris, *Ricerche psicoanalitiche sull'arte*. Preface to the Italian Edition by Ernst H. Gombrich. Transl. by Elvio Facchinelli. Turin: Einaudi, 1967 (original edition: *Psychoanalytic Explorations in Art*. New York: International Universities Press, 1952) (Antonella Mancini)

Book Notices

Jean Laplanche, *Nuovi fondamenti per la psicoanalisi. La seduzione originaria*. Sesto San Giovanni (Milan): Mimesis 2019 (original edition: *Nouveaux fondements pour la psychanalyse. La seduction originaria*. Paris: PUF, 2016); Jean Laplanche, *Sexuale. La sessualità allargata nel senso freudiano*. Sesto San Giovanni (Milan): Mimesis, 2019 (original edition: *Sexual. La sexualité èlargie au sens freudien*. Paris: PUF, 2014) (Gioele P. Cima)

Alain Ehrenberg, *La meccanica delle passioni. Cervello, comportamento, società*. Turin: Einaudi, 2019 (original edition: *La mécanique des passions: Cerveau, comportement, société*. Paris: Odile Jacob, 2018) (Gioele P. Cima)

Otto F. Kernberg, *Psicoanalisi e formazione. Cambiamenti e prospettive del training psicoanalitico*. Milan: FrancoAngeli, 2018 (original edition: *Psychoanalytic Education at the Crossroad. Reformation, Change and the Future of Psychoanalytic Training*. London: Routledge, 2016) (Andrea Castiello d'Antonio)

Italian Psychiatric Association & NetforPP Europe, *Schedati perseguitati sterminati. Malati psichici e disabili durante il Nazionalsocialismo*. [Persecuted and Exterminated. Mental Patients During National Socialism] Rome: The Factory, 2018 (Luigi Antonello Armando)

Antonio Slavich, *All'ombra dei ciliegi giapponesi. Gorizia 1961*. [In the Shadow of Japanese Cherry Trees. Gorizia 1961] Merano (Bolzano): Alpha Beta Verlag, 2018 (Natale Calderaro)

Nathan Kravis, *On the Couch: A Repressed History of the Analytic Couch from Plato to Freud*. Boston: MIT Press, 2017 (Andrea Castiello d'Antonio)

Books Received

Journals

Contemporary Psychoanalysis, 2018, Volume 53, nos. 3 & 4; 2019, Volume 54, no. 1/2 (Paolo Migone)

Paolo Migone, *Comment on Contemporary Psychoanalysis*

Revue Française de Psychanalyse, 2018, Volme 82, nos. 1, 2, 3, 4 & 5 (Luigi Antonello Armando)

Luigi Antonello Armando, *Comment on the Revue Française de Psychanalyse*

Journal of Abnormal Psychology, 2019, Volume 128, no. 6 (Paolo Migone)

Journal of Psychiatric Practice, 2018, Volume 24, no. 3 (Paolo Migone)

L'Indice dei Libri del Mese, 2019, Year 36, no. 7 (Paolo Migone)

Doppiozero, 2019, www.doppiozero.com (Pietro Pascarelli)

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Information for subscribers and readers

Issue no. 4, 2019, Volume 53

Pier Francesco Galli, *Editorial: Give them a mean face*

Abstract. This long editorial, based on the example of healthcare, highlights the contradiction between ideology of control and the real situation in a democracy that still today, in many areas, thinks that it is possible to govern according to the logics of corporations. Some aspects of the Continuing Medical Education (CME) system in Italy are critically discussed, pointing out some inner contradictions and the inefficiency of lifelong learning of mental health professionals, and the low forecasting ability of those who planned this CME system. An Editorial by Pier Francesco Galli which appeared in issue no. 4/2001 of the *Giornale Italiano di Psicologia* (GIP) [Italian Journal of Psychology], in which the main critical aspects of the CME system were emphasized, is reprinted; then some extended quotations of the article by Ulrich Wienand titled “Professional accreditation: Prospects and risks for Italian psychologists”, which appeared in the same issue (4/2001) of the *Giornale Italiano di Psicologia* (GIP), are also reprinted. Finally, parts of two articles that appeared in September 2019 in the Italian on-line journal *Quotidiano Sanità* [Daily Healthcare Newspaper], by Massimiliano Zaramella and Marco Castioni, respectively, who refer to the analysis made by the jurist Luca Benci, are reproduced. (The title of this Editorial – “Give them a mean face” – was the command shouted in the 18th century to the Bourbon Army in order to frighten the enemy, and here is used ironically to refer to those who try to put into effect the CME system in Italy. In a way, it reminds the *haka*, the ceremonial Māori dance performed by the New Zealand rugby team – the *All Blacks* – before their international matches; this dance, however, did not prevent defeat by England at the 2019 *Rugby World Cup* Semi-final).

Lawrence Friedman, *Freud’s papers on technique: His record of discovery*

Abstract. Freud’s *Papers on Technique* is commonly thought to collect various essays that reflect Freud’s opinions about how a proper psychoanalyst should behave. Accordingly, today’s analysts ask themselves whether – or how strictly – they should “obey” the Patriarch’s hundred-year-old “rules”. This mistakes the overall sense of the book as a book. Freud is reporting an extended, empirical experiment on a radically new type of (psychoanalytic) phenomenon that he had chanced upon. He tries to determine the variables that either provoke or dispel the phenomenon. He is not primarily concerned with theory, efficacy or comfort. The data are often unwelcome, and are thrust upon him. Freud’s report is in the form of conditional assertions of fact, as though to say, “if you do X you will produce Y”. He has found that the eliciting behaviors often run counter to normal social reflexes, so anyone wishing to reproduce the findings will need graphic alternatives as replacements. Therefor Freud conveys his results not so much by rules or values, as by metaphors and images that help an analyst adopt an attitude that elicits the phenomenon. Unfortunately, readers are generally unaware of the convergent aim of the book’s explorations, though that is what gives those terms their sole and specific purpose. We see readers seize one or another of the papers, pull out this or that familiar *cliché* or metaphor, and give it whatever rationale they assume “it must have had”. Since Freud provided these striking terms and images as aids in marshaling an un-definable and un-prescribable experience, uprooting them from their precise place in the inquiry turns guide-posts into loose lumber. The result is fruitless debate circling personal taste and opinion, and tragic loss of access to a delicate and unnatural experience that will never be encountered without a deliberate plan. (This article is a modified version of the Introduction to Lawrence Friedman’ book *Freud’s Papers on Technique and Contemporary Clinical Practice*. New York: Routledge, 2019, pp. 1-11).

Erich Fromm, *The contribution of the social sciences to mental hygiene* (1951)

Abstract. In this contribution, presented at the *Fourth International Congress on Mental Health* organized in México City on December 11-19, 1951, and here translated in Italian for the first time, the issue of mental health conceived as passive adaptation to society is critically discussed. Human nature has unique and stable foundations that can be suffocated by the rules of a

community that does not respect them; this process can produce either manifest psychological disorders or a latent, unconscious disturbance that manifests itself as a rigid conformism to the rules of society.

Franco Maiullari, Bianca Maria de Adamich, Marica Fragapane, *The finalism of dreams in Alfred Adler's Individual Psychology*

Abstract. Psychic finalism, understood as perspective, project, or future-oriented life, is a general Adlerian psychodynamic principle. It operates on a conscious and on an unconscious level, in an explicit and in an implicit way, in daily life as well as in dreams; it is always seen in reference to the individual history and within a specific social and cultural context. Based on these theoretical indications, in this article: 1) psychic finalism is placed in an evolutionary perspective; 2) some clinical cases are presented in which the dream's finalism is expressed in a meaningful way; 3) it is hypothesized that the dream – and in a wider terms what could be defined the “fantastic-oneiric” capacity of the human being – colors psychic life with a catalyst function, both in art (as in Nietzsche's aesthetic perspective) and in the art of living (as in Adler's psychodynamic and psychotherapeutic perspectives). However, dreams today are still an enigmatic product of psychic life, and if we think at their emergence in the course of evolution we can only make some heuristic hypotheses on the reason why they have been selected and maintained, and on the anthropological meaning of their manifestation; at any rate, dreams are still a precious gift within a psychodynamic therapy because they surely tell something about the patient's mental life that we should investigate.

Cesare Romano, *The Count Thun dream and Freud's search on his father's past. A shame to hide in Jacob Freud's past?*

Abstract. Freud's Count Thun dream is examined in order to shed light on the hypothesis that Freud through this dream tried to understand two dark events in his father's past: the second wife Rebekka and the departure from Freud's hometown Freiberg. It is argued that in the dream's manifest content a reference can be found to Freud's childhood in Freiberg and to the journey that relocated his family first in Leipzig and later in Vienna. It is also argued that this dream and Freud's associations are filled with sexual references to the primal scene that Freud could observe many times in his early childhood. In this dream Freud expresses aggressiveness toward his father for having been exposed to the primal scene in his early childhood and for the loss of his Freiberg's paradise due to his father's job loss. It is shown as well that in this dream Freud failed to detect childhood episodes that were more relevant than those he discovered dealing with his enuresis.

Traces

Pier Francesco Galli, *Again on training, and on the difference between being serious and being staid. Presentation of Sebastiano A. Tilli's book "Beyond the Cure Principle. Reflections on Treatment, Psychoanalysis, and Analytic Training"* [Al di là del principio di guarire. Riflessioni sulla cura, la psicoanalisi, la formazione analitica (2001)]

Abstract. After an Introductory note by Pier Francesco Galli, his presentation of Sebastiano A. Tilli's book *Al di là del principio di guarire. Riflessioni sulla cura, la psicoanalisi, la formazione analitica* [Beyond the Cure Principle. Reflections on Treatment, Psychoanalysis, and Analytic Training] (Pisa: ETS, 2001) is published. Among other things, this text critically discusses some aspects of psychotherapeutic training, with reference also to Pier Francesco Galli's Editorial of this issue no. 4/2019 of *Psicoterapia e Scienze Umane*.

Clinical cases

Eleonora Marcelli, *The case of Linda*

Comments on the case of Linda: Lenio Rizzo, Franco Lolli

Comments on the case of Anna [no. 2/2019]: Giorgio Meneguz, Simone Maschietto

Book Reviews

Book Review Essay

Ivan Urlić, Miriam Berger & Avi Berman, *Vittime, vendetta e perdono. Trattamento del trauma individuale e collettivo*. Introduction by Franco Del Corno. Preface by Malcolm Pines. Milan: Edra, 2019 (original edition: *Victimhood, Vengefulness and the Culture of Forgiveness*. Hauppauge, NY: Nova Science Publishers, 2013) (Euro Pozzi)

Book Reviews

Mantosh J. Dewan, Brett N. Steenbarger & Roger P. Greenberg (editors), *The Art and Science of Brief Psychotherapies. A Practitioner's Guide*. Third Edition. Washington, D.C.: American Psychiatric Association, 2018; Hanna Levenson, *Brief Dynamic Therapy*. Second Edition. Washington, D.C.: American Psychological Association, 2017 (Andrea Castiello d'Antonio)

Forgotten Books

Edward S. Tauber & Maurice R. Green, *L'esperienza prelogica. Indagine sul sogno e altri processi creativi*. Turin: Boringhieri, 1971 (original edition: *Prelogical Experience. An Inquiry into Dreams and Other Creative Processes*. New York: Basic Books, 1959) (Antonella Mancini)

Book Notices

Ronald E. Purser, *McMindfulness. How Mindfulness Became the New Capitalist Spirituality*. London: Repeater, 2019 (Gioele P. Cima)

Rita Charon, *Medicina narrativa. Onorare le storie dei pazienti*. Italian edition and Introduction to the Italian edition by Micaela Castiglioni. Milan: Raffaello Cortina, 2019 (original edition: *Narrative Medicine. Honoring the Stories of Illness*. Oxford, UK: Oxford University Press, 2006) (Andrea Castiello d'Antonio)

Stefano Blasi (editor), *L'epistemologia della psicologia clinica. Prospettive teoriche e metodologiche*. [Epistemology of Clinical Psychology. Theoretical and Methodological Perspectives] Presentation by Mario Rossi Monti. Rome: Fioriti, 2018 (Silvia Marchesini)

Riccardo Gramantieri, *Fenomeno UFO. Science and Fiction (1947-1961)*. [The UFO Phenomenon. Science and Fiction (1947-1961)] Afterword by Giuseppe Panella. Sesto San Giovanni (Milan): Mimesis 2018 (Antonella Mancini)

Books Received

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Psyche. Zeitschrift für Psychoanalyse und ihre Anwendungen, 2018, Volume 72, nos. 1, 2, 3, 4, 5, 6, 7, 8, 9/10, 11 & 12 (Silvano Massa)

Silvano Massa, *Comment on Psyche*

World Psychiatry. Official Journal of the World Psychiatric Association (WPA), 2019, Volume 18, no. 3 (Paolo Migone)

Dialogues in Philosophy, Mental and Neuro Sciences, 2019, Volume 12, no. 1 (Paolo Migone)

Giornale Italiano di Psicologia, 2019, Year 46, no. 3 (Paolo Migone)

Frontiers in Psychology, 2019, Volume 10 (October 25) (Nicola Nardelli)

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