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Edited by *Paolo Migone**

Issue no. 3, 2017, Volume 51

Emanuele Gualandri, *Does the informatization of society concern the psychotherapists?* (1982)

Introductory note by Pier Francesco Galli

List of contributions by Emanuele Gualandri in this Journal

Abstract. This paper, originally published in issue no. 3/1982 of the journal *Psicoterapia e Scienze Umane* (and followed by a second paper in issue no. 4/1982, titled "Men and machines: Psychological problems due to technological development"), Emanuele Gualandri (1929-2017) discusses some of the problems caused by the growing informatization that in those years was beginning to permeate the entire society. Some international documents are analyzed: the Report of the *Organisation for Economic Cooperation and Development* (OECD) of 1971, the Report of the *Japan Computer Usage Development Institute* (JCUDI) of 1972, the first and the second Reports (of 1972 and 1974, respectively) of the "Club of Rome", the Report of Simon Nora and Alain Minc of 1978 to the French President Giscard d'Estaing, and so on. In particular, the psychological implications of these important developments are discussed.

Luigi Antonello Armando & Marianna Bolko, *Freud's dissatisfaction with The Interpretation of Dreams*

Abstract. This paper is the anticipation of a chapter of an incoming book titled "The Forgotten Trauma. The Interpretation of Dreams in the Psychotherapies: History, Theory, Technique" [*Il trauma dimenticato. L'interpretazione dei sogni nelle psicoterapie: storia, teoria, tecnica*. Milan: FrancoAngeli, 2017]. Freud's interest for telepathic dreams and his relation with art are discussed. Both Freud's dissatisfaction with his own theory of dreams and the exhortation that he addressed to the psychoanalysts to go beyond the interpretative paradigm of dreams founded on the Oedipus complex are investigated. This paper is the premise to a survey of the answers which have been given to Freud's exhortation in the course of the history of psychoanalysis, and to an attempt to fulfill them.

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Cesare Romano, *Freud reader of the Neue Freie Presse. A “motivated” silence on two cases of infanticide at the end of 19th century?*

Abstract. Starting from two sensational episodes of infanticide that filled the Viennese *fin de siècle* press, it is discussed Freud’s public and private silence about those facts in the light of his recent abandonment of the seduction theory and his first formulation of the Oedipus complex. It is argued that Freud’s silence was a strategic decision in order to avoid his new Oedipal theory being brought into disrepute by those events that seemed to disprove it. Moreover, at the time he couldn’t have anything to say about those tragic events, since only in the last few years, in his theory, he faced the issue of parent-child relationship and particularly the mother-child relationship, driven by the substantial entry into the Vienna Psychoanalytic Society of many of his female students who enhanced the role of the mother and of the pre-Oedipal relationship.

Ines Testoni & Lorian De Cataldo, *A special kind of grief. Cultural delegitimizations and representations of death in the case pet loss*

Abstract. In Western world, pets are increasingly significant in the everyday life of many people. Nevertheless, society today is still unable to recognize the suffering resulting from their death. This phenomenon and the most important studies on pet loss are described. Some assumptions on ontological representations of death, which might contribute to explain the delegitimization of pet-grief, are discussed.

Traces

Psychiatry and the university: The challenge of community psychiatry

Alberto Merini, *Introductory note*

Carlo Gentili, *Introduction to the Meeting* (1978)

Alberto Merini, *Teaching and community psychiatry: Reflexions on four years of experience* (1978)

Abstract. After an introduction by Alberto Merini, the papers read by Carlo Gentili and Alberto Merini at the meeting “Psychiatry and the community: Problems of training of mental health professionals” (Milan, Italy, May 6-7, 1978) are published (at the time Carlo Gentili and Alberto Merini were, respectively, Director and Assistant of the Department of Psychiatry of the University of Bologna, Italy). This meeting, which was organized by the Department of Psychiatry (directed by Professor Carlo Lorenzo Cazzullo) and the Second Chair of Psychiatry (held by Professor Gaetano Penati) of the University of Milan, and sponsored by the Province of Milan, was the first meeting on training of community mental health professionals, few days before the approval of the Italian Law no. 180/1978 on psychiatric reform. Among other things, the resistances of the university establishment against the practice of psychiatry outside the hospitals, and also the resistances of part of the deinstitutionalization movement against the teaching of psychotherapeutic techniques (rather than only an emphasis on social dynamics) are discussed.

Debates

Paolo Francesco Peloso, *Some clarifications on dangerousness and control in psychiatry*

Abstract. In this rebuttal, the author responds to the criticisms made by Andrea Angelozzi and by Euro Pozzi to his contribution on dangerousness and control in psychiatry (*Psicoterapia e Scienze Umane*, issue no. 2/2017, pp. 285-306). He returns to the need for an approach to this problem that, at least in the first phase, ignores the technical and legal aspects involved. Such an approach must focus on the request of protection that comes from some patients, on the need of control that at times are proper to psychiatric work, and on the basic attitude with which they must be addressed. Psychiatry is involved in both inner and outer worlds of the patient; these aspects are so closely intertwined in the same person that they cannot be faced separately from each other.

Francesco Campione, *Open letter to those who deal with death and dying*

Abstract. The real causes of “repression of natural death” become once again relevant. It is necessary the “cultural mobilization” of a creative thinking on the issue of death which can promote the “stroke of genius” – as Nietzsche called Jesus’ idea that death is only a kind of sleep from which we awake with resurrection – that is now necessary in order not to let mankind languish in its impotence toward death; it is also necessary to find new ways of dealing with death that are different from the usual – and childish, although understandable – habit of never thinking of our future death. The alternative is *to consider death a mystery* able to transform all our beliefs and feelings into a “question”, accompanied not only by the typical emotions (fear, anxiety, death wish) but also by what Emmanuel Lévinas called the emotion towards “what we do not know” of the mystery of death, the *emotion in the unknown*. This question is on a much higher level than all other answers regarding death.

Clinical Cases

Ruggiero Lamantea, *The case of Giulio*

Comments on the case of Giulio: Giampaolo Lai, Guido Medri

Comment on the case of Matilde (issues 1/2017 and 2/2017): Marina Bilotta Membretti

Book Reviews

Book Review Essay

Mariopaolo Dario, Giovanni Del Missier, Ester Stocco & Luana Testa, *Psichiatria e psicoterapia in Italia dall’unità a oggi*. [Psychiatry and Psychotherapy in Italy from the Nation’s Unity until Today] Rome: L’Asino d’Oro, 2016 (Antonella Mancini)

Book Reviews

Antonino Ferro, *Pensieri di uno psicoanalista irriverente. Guida per analisti e pazienti curiosi*. [Thoughts of an Irreverent Psychoanalyst. A Guide to Analysts and Curious Patients] Edited and introduced by Luca Nicoli. Milan: Raffaello Cortina, 2017 (Luigi Antonello Armando)

Nicola Carone, *In origine è il dono. Donatori e portatrici nell’immaginario delle famiglie omogenitoriali*. [Originally it was a Gift. Donors and Pregnant Women in the Imagination of Same Sex Parents] Preface by Vittorio Lingiardi. Milan: Il Saggiatore, 2016

Alessandro Taurino, *Due papà, due mamme. Sfatate il pregiudizio*. [Two Fathers, Two Mothers. Debunking the Prejudice] Molfetta (Bari): La Meridiana, 2016 (Mauro Fornaro)

Agostino Portera & Carl A. Grant (editors), *Intercultural Education and Competences: Challenges and Answers for the Global World*. Cambridge, UK: Cambridge Scholars Publishing, 2017 (Valeria Vaccari)

Book notices

Glen O. Gabbard, *Violazioni del setting*. Second Edition. Milan: Raffaello Cortina, 2017 (original edition: *Boundaries and Boundary Violations in Psychoanalysis*. Second Edition. Arlington, VA: American Psychiatric Association, 2016) (Andrea Castiello d’Antonio)

Elsbeth Cameron Ritchie, Christopher H. Warner & Robert N. McLay (editors), *Psychiatrists in Combat. Mental Health Clinicians’ Experiences in the War Zone*. Heidelberg: Springer, 2017 (Andrea Castiello d’Antonio)

Antonio Maria Ferro & Giovanni Giusto (editors), *Cibo e corpo negati. Anoressia e bulimia oggi*. [Food and Body Denied. Anorexia and Bulimia Today] Milan: Bruno Mondadori, 2016 (Silvia Marchesini)

Emanuela Coccever (editor), *Bambini attivi e autonomi. A cosa serve l’adulto? L’esperienza di Łóczy*. New Edition. [Active and Autonomous Children. Who Needs the Adult? The Łóczy Experience] Bergamo: Zeroseiup, 2016 (First Edition: Florence: La Nuova Italia Scientifica, 1999) (Silvia Marchesini)

Books received

Journals

Contemporary Psychoanalysis, 2016, Volume 52, nos. 3 & 4; 2017, Volume 53, nos. 1 & 2 (Paolo Migone)

Paolo Migone, *Comment on Contemporary Psychoanalysis*

Revue Française de Psychanalyse, 2016, Volume 80, nos. 1, 2, 3, 4 & 5 (Luigi Antonello Armando)

Luigi Antonello Armando, *Comment on the Revue Française de Psychanalyse*

The American Journal of Psychiatry, 2017, Vol. 174, May 25 (Paolo Migone)

Psychoterapie-Wissenschaft, 2017, Volume 7, no. 1 (Nicola Gianinazzi)

Cognitivismo Clinico, 2016, Volume 13, no. 2 (Paolo Migone)

Zapruder, 2016, Year 14, no. 41 (Paolo Migone)

2018 Program, “International Seminars of *Psicoterapia e Scienze Umane*”

Information for subscribers and readers

Issue no. 4, 2017, Volume 51

Paolo Migone, *Editorial*

David M. Clark, *The English “Improving Access to Psychological Therapies” (IAPT) program*

Abstract. Empirical evidence shows that empirically supported treatments are helpful for many mental disorders. However, in most countries the great majority of people do not have access to psychological therapies. The English *Improving Access to Psychological Therapies* (IAPT) program aims to improve the access to psychological therapies by training over 10,500 new therapists in empirically supported treatments and deploying them for the treatment of depression and anxiety disorders. IAPT treats over 560,000 patients per year, obtains clinical outcome data on 98.5% of them, and this information is in the public domain. Around half of these patients recover and about two thirds of them show benefits. The clinical and economic arguments on which IAPT is based are presented, along with details on the service model, how the program is implemented, and findings updated to July 2017. Limitations and future directions are discussed.

Falk Leichsenring & Christiane Steinert, *Is cognitive behavior therapy really the most effective form of psychotherapy?*

Abstract. Cognitive behavior therapy (CBT) is often considered the most effective form of psychotherapy, i.e., the gold standard. It is argued, however, that there is no evidence for the superiority of CBT compared to other approaches. The following aspects, among others, are reviewed: quality of studies, publication bias, type of control groups, actual rates of improvement in various disorders, lack of improvement of the effect sizes of CBT in the last 40 years, lack of corroboration of central mechanisms of change of CBT, the often uncontrolled researcher allegiance, and comparative efficacy of CBT.

Franco Maiullari, *Antigone, a repressed psychoanalytic scene*

Abstract. Freud was a great lover of literature and, in particular, classical theatre, so much that he derived from it the fundamental idea of psychoanalysis – the Oedipus complex – and that he applied the psychoanalytic model to the interpretation of various literary works. After analyzing the peculiar way in which Freud made use of Sophocles’ *Oedipus Rex*, it is discussed why he never considered another Sophoclean tragedy, *Antigone*, a work very rich in ideas about childhood development and close to his heart, as witnessed by the fact that he used to call “Antigone” his daughter Anna.

Robert R. Holt, *Notes on "the meaning of life"*

Abstract. After a brief editorial note, the author, approaching his 100th birthday, describes briefly some of his thoughts on the meaning of life. Among the themes that are discussed there are the widespread need of religiosity, and Karl Popper's conceptualization of the "three worlds" (World 1: physical objects and events; World 2: subjective experience; World 3: objective knowledge produced by World 2).

Tullio Seppilli, *Stereotypes and taboos of psychotherapy* (1970)

Abstract. After an introduction by Pier Francesco Galli, an intervention of the Italian anthropologist Tullio Seppilli (1928-2017) at the 7th *International Congress of Psychotherapy* (Milan, August 25-29, 1970) is reprinted. It is argued that the breaking of conservative stereotypes and taboos of psychotherapy may run the risk of substituting them with new taboos that are opposite and similar to the previous ones.

Traces

"...The like of it now happens"

Pier Francesco Galli, *Introduction*

Interview by Ettore Perrella to Pier Francesco Galli: Some considerations on psychoanalysis and psychology in Italy

Abstract. After an introductory note by Pier Francesco Galli, an interview by Ettore Perrella to Pier Francesco Galli is reprinted. This interview was published in the book edited by Ettore Perrella, *Professione psicoanalisi. La psicoanalisi in Italia e il pasticcio giuridico sulle psicoterapie* [The Profession of Psychoanalyst. Psychoanalysis in Italy and the Confusion of the Legislation on the Psychotherapies] (Rome: Aracne, 2014, pp. 23-44). The history of the Italian Law no. 56/1989 on the institution of the National Board of Psychology and the regulation of psychotherapy is critically reviewed, with particular reference to the role played by professional organizations and the practice of psychoanalysis.

Discussions

Andrea Angelozzi, *End of an illusion*

Abstract. Forty years after the Italian Law no. 180/1978 that reformed psychiatry in Italy, some focal points are analyzed in order to assess how effectively they have been implemented. Among others, the following aspects are discussed: the overcoming role of the concept of dangerousness in psychiatry, the limitation of institutional chronicity, the attenuation of stigma, the centrality of work in the community, and the admissions within the general hospital. It is argued that the goals of the Italian Law on Psychiatric Reform have not been reached because of intrinsic limits of the Law itself, deep limitations of Italian psychiatry in building new models and its difficulty in becoming a real counterpart in negotiation within increasingly fragmented and hospitalized healthcare management.

Clinical Cases

Comments on the case of Giulio [issue no. 3/2017]: Silvia Vegetti Finzi, Cesare Secchi, Cosimo Perrone, Cristiano Lastrucci

Book Reviews

Book Review Essay

Dagmar Herzog, *Cold War Freud. Psychoanalysis in an Age of Catastrophes*. Cambridge, UK: Cambridge University Press, 2016 (Luigi Antonello Armando)

Book Reviews

- Jonathan Sklar, *Balint Matters. Psychosomatics and the Art of Assessment*. London: Karnac, 2017 (Andrea Castiello d'Antonio)
- Adriana Grotta & Paola Morra (editors), *L'utopia del possibile. Anna Freud tra pedagogia e psicoanalisi*. [The Possible Utopia. Anna Freud between Pedagogy and Psychoanalysis] Bologna: Pendragon, 2017 (Silvia Marchesini)
- Salvatore Inglese & Giuseppe Cardamone, *Déjà vu 2. Laboratori di etnopsichiatria critica*. [Déjà vu 2. Laboratories of Critical Ethnopsychiatry] Paderno Dugnano (Milan): Colibrì, 2017 (Valeria Vaccari)

Book notices

- Peter Zagermann (editor), *The Future of Psychoanalysis. The Debate About the Training Analyst System*. Foreword by Stefano Bolognini. London: Karnac, 2017 (Andrea Castiello d'Antonio)
- Antonella Ivaldi (editor), *Il trattamento dei disturbi dissociativi e di personalità. Teoria e clinica del modello relazionale fondato sui sistemi motivazionali*. Milan: FrancoAngeli, 2016 (original edition: *Treating Dissociative and Personality Disorders. A Motivational Systems Approach to Theory and Treatment*. London: Routledge, 2016) (Francesca Tondi)
- Carl Gustav Jung & Erich Neumann, *Analytical Psychology in Exile. The Correspondence of C.G. Jung & Erich Neumann*. Princeton, NJ: Princeton University Press, 2015 (Andrea Castiello d'Antonio)
- Susan Golombok, *Famiglie moderne. Genitori e figli nelle nuove forme di famiglia*. Milan: EDRA, 2016 (original edition: *Modern Families. Parents and Children in New Family Forms*. Cambridge, UK: Cambridge University Press, 2015) (Mauro Fornaro)
- Elena Canzi, *Omogenitorialità, filiazione e dintorni. Un'analisi critica delle ricerche*. [Same Sex Parents and their Children. A Critical Review] Milan: Vita e Pensiero, 2017 (Mauro Fornaro)
- Leslie C. Morey, *PAI. Personality Assessment Inventory*. Florence: Hogrefe, 2015 (original edition: *The Personality Assessment Inventory Professional Manual*. Lutz, FL: Psychological Assessment Resources, 2007) (Andrea Castiello d'Antonio)

Books received

Journals

- Psyche. Zeitschrift für Psychoanalyse und ihre Anwendungen*, 2016, Volume 70, nos. 1, 2, 3, 4, 5, 6, 7, 8, 9/10, 11 & 12 (Silvano Massa)
- Silvano Massa, *Comment on Psyche*
- Annual Review of Clinical Psychology*, 2018, Volume 14 (Paolo Migone)
- Mondoperaio*, 2017, no. 10 (Paolo Migone)

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2018 Program, “International Seminars of Psicoterapia e Scienze Umane”

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